Welcome to our Autumn Term Newsletter!

As the cooler days arrive following such a lovely, warm and sunny summer, we would love to share some of the wonderful experiences and exciting activities our dedicated staff have been providing for the children to enjoy. It has been a joy to see the children exploring, learning and making special memories together. We would also like to take this opportunity to share some important updates, useful information and key dates for your diary as we look forward to the weeks ahead.

What we've been up to recently at Discovery Day Nursery!

Baby Room

We've recently created a new sensory black and white area in our baby room.





Why black and white is so good for babies:

- **Supports visual development:** High-contrast images are easier for young babies to see and can help support their developing vision.
- **Encourages concentration:** Bold patterns and contrasting shapes can capture babies' attention and encourage them to focus.
- **Promotes sensory exploration:** Black-and-white resources provide a simple yet engaging way for babies to explore their environment.



- **Encourages curiosity:** Interesting patterns, shapes and images invite babies to look, observe and explore.
- **Supports early brain development:** Looking at and responding to visual stimuli helps babies build connections in the brain.
- **Encourages interaction and bonding:** Practitioners can use high-contrast resources during one-to-one interactions, talking to babies and responding to their eye movements, expressions and sounds.
- **Supports early communication:** Sharing books and visual resources creates opportunities for practitioners to talk, sing and engage with babies.
- **Provides a calm, inviting space:** A simple, uncluttered environment can offer babies an opportunity to focus on individual resources at their own pace.



How you could do this at home

Many of these are low cost or free and can be recycled from objects in the natural environment or found in families' homes, such as black-and-white patterned fabric, cardboard boxes, paper, pictures from magazines, high-contrast books, leaves, twigs and other natural materials. These simple resources can provide wonderful opportunities for babies to explore, observe and discover the world around them. We always ensure that resources are age-appropriate, clean and safe for our little ones to explore under close adult supervision.



Toddler Room







Over the summer and in recent weeks, our toddlers have enjoyed spending lots of time exploring our wonderful local area of Worthing. We are so lucky to be situated right in the town centre, giving us fantastic opportunities to get out and about, discover new places and become part of our local community.

Our little explorers have had lots of fun visiting the local library, where they could enjoy books and stories, and the museum, where they had opportunities to discover new things and learn about the world around them. One particularly exciting experience was meeting our local police officers! The toddlers were fascinated to meet the officers, learn a little about their important role in keeping us safe and even have a turn sitting in the police car!

These outings provide so much more than just a fun day out. They help to develop our toddlers' confidence, communication and social skills, encourage curiosity and independence, and allow them to experience the world beyond the nursery setting. They also help our children build a sense of belonging within their local community.



Pre-School

The end of summer brought a very special milestone for our Preschool children as we said goodbye to our wonderful school leavers, who are now ready to begin their next big adventure at school! We were incredibly lucky to once again hold our graduation ceremony in the beautiful church opposite the nursery, a special tradition we have proudly continued for many years and hope to enjoy for many more to come. It was a lovely opportunity to celebrate how much our children have grown, all they have achieved and the memories they have made during their time with us. We wish each and every one of our school leavers the very best of luck as they take this exciting next step.



For those remaining in Preschool, the beach continues to be a firm favourite! With the seafront just a stone's throw away, we are so fortunate to have this wonderful natural environment right on our doorstep. Our visits provide endless opportunities for exploration, from investigating shells and pebbles to watching the waves, feeling the sand beneath our feet and enjoying the fresh sea air. These experiences encourage curiosity, support physical development and inspire wonderful conversations, imaginative play and opportunities for learning beyond the classroom.







We were also delighted to receive an invitation from a local care home to help celebrate the opening of their beautiful new lounge for residents. We are fortunate to be invited to visit local care homes regularly, and these intergenerational experiences are incredibly valuable for both our children and the older members of our community.



Spending time with older generations helps our preschoolers develop empathy, kindness, respect and an understanding of different stages of life. It creates opportunities to build meaningful connections, share stories, enjoy conversations and learn from one another. Simple interactions, such as sharing a smile, listening to a story or taking part in an activity together, can bring so much joy and help children appreciate the importance of community, friendship and inclusion. These visits can also help residents feel connected to younger generations, bringing energy, companionship and happy moments into their day.



Information Sharing

School Admissions

If your child was born between 1st September 2022 & 31st August 2023 you can apply for their school place from today! The deadline is 15th January 2027.





Family Hubs

A Family Hub is a local authority-run service in England that brings together health, education, parenting, and welfare services for families with children aged 0–19 (or up to 25 with SEND). It is part of the UK government's Best Start for Life programme and is funded through major national investment to improve early years and whole-family support.

Family Hubs are designed to make it easier for families to access multiple forms of support in one place. They integrate services such as:

- Infant feeding and early language support
- Parenting classes and home-learning support
- Perinatal and youth mental health services
- Housing, debt, and domestic abuse support
- SEND support up to age 25
- Midwifery and Health Visiting Support

The purpose of these:

- Providing coordinated, early help for families.
- Improve outcomes for children from conception through adolescence.
- Replace or enhance previous children's centres with a more integrated model.
- Strengthen collaboration between professionals (health, education, social care, voluntary sector).

These services are for:

- Parents and carers of children aged 0–19 (or up to 25 with SEND).
- Pregnant women.
- Young people up to 19 (or 25 with SEND).

Please follow links below for the Worthing Central Hub, Worthing East Family Hub and Worthing West Family Hub for more information.

Worthing Central Family Hub (Library) - West Sussex County Council

Worthing East Family Hub (Lyndhurst Road) - West Sussex County Council

Worthing West Family Hub (Durrington) - West Sussex County Council



Upcoming Dates for your diary:

Friday 30th October – Halloween Dress Up – Children are welcome to dress up each day they are in, the main dress up day will be Friday 30th.

Wednesday 4th November - Nursery Photographs by Dawn Jee our appointed Photographer (more information to follow)

Saturday 14th November 10am-12pm – Nursery Open Day (more information to follow)

Tuesday 1st December – Children to decorate a Christmas Tree at Christchurch

Tuesday 8th December – Children's Christmas Dinner

Wednesday 9th December – Pre-School Christmas songs at the Coffee Morning at Christchurch

Wednesday 9th December 2.30-4pm – Babies Stay and Play Session – all babies and parents invited

Thursday 10th December – Christmas Jumper Day

Thursday 10th December 2.30-4pm – Toddlers Stay and Play session – all toddlers and parents invited

Tuesday 15th December 3-4pm – Pre-School Children's Christmas Concert at Christchurch
(all children and families in Pre-school invited)

Thursday 17th December – Christmas Party for the children attending on this day

More information on our Christmas events will be shared in our Winter Newsletter.

Wednesday 23rd December – Nursery Closed for Christmas

Nursery re-opens Monday 4th January 2027

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We would like to take the opportunity to thank all of our wonderful families for their continued support and we hope you all have a wonderful Autumn.



